



INFORMED CONSENTS FOR BOTH IN-PERSON AND TELEPSYCHOLOGICAL SERVICES

Regarding video-conferencing services, we agree to the following:

- There are potential benefits and risks of video-conferencing that differ from in-person sessions.
- Confidentiality still applies for telepsychology services, and nobody will record the session without the permission of the other person(s).
- We agree to use the video-conferencing platform selected for our virtual sessions.
- A webcam or smartphone needs to be used during the session.
- It is important to use a secure internet connection rather than public/free Wi-Fi.
- If a tele-appointment needs to be canceled or changed, the mental health therapist must be notified in advance. It is important to be on time for these sessions.
- We will have a back-up plan (contact phone numbers) to restart or reschedule the session, in the event of technical problems.
- We will have a safety plan that includes at least one emergency contact and the closest ER to you, in the event of a crisis situation.
- If you are not an adult, we need the permission of your parent or legal guardian (and their contact information) for you to participate.

Regarding resuming in-person services in light of the Covid-19 public health crisis, we agree to the following:

Decision to Meet Face-to-Face

We have agreed to meet in person for some or all future sessions. If there is a resurgence of the pandemic or if other health concerns arise, however, we may require that we meet via telehealth. If you have concerns about meeting through telehealth, we will talk about it first and try to address any issues. You understand that, if I believe it is necessary, I may determine that we return to telehealth for everyone's well-being. If you decide at any time that you would feel safer staying with, or returning to, telehealth services, I will respect that decision, as long as it is feasible and clinically appropriate.

Risks of Opting for In-Person Services

You understand that by coming to the office, you are assuming the risk of exposure to the coronavirus (or other public health risk). This risk may increase if you travel by public transportation, cab, or ridesharing service.

My Commitment to Minimize Exposure

My practice has taken steps to reduce the risk of spreading the coronavirus within the office. Please let me know if you have questions about these efforts.

Your Responsibility to Minimize Your Exposure

To obtain services in person, you agree to take certain precautions which will help keep everyone safer from exposure, sickness and possible death. If you do not adhere to these safeguards, it may result in our starting / returning to a telehealth arrangement.

- You will only keep your in-person appointment if you are symptom free.
- If possible, you will take your temperature before coming to each appointment. If it is elevated, or if you have other symptoms of the coronavirus, you agree to cancel the appointment or proceed using telehealth. If you wish to cancel for this reason, I won't charge you our normal cancellation fee.
- You will wash your hands or use alcohol-based hand sanitizer when you enter the building.
- You will adhere to the safe distancing precautions we have set up in the waiting room and testing/therapy room. For example, you won't move chairs or sit where we have signs asking you not to sit.
- We recommend that you wear a mask in all areas of the office.
- You will keep a distance of 6 feet and there will be no physical contact with me or other staff.
- We encourage you to try not to touch your face or eyes with your hands. If you do, you will immediately wash or sanitize your hands.
- If you are bringing your child, you will make sure that your child follows all of these safety protocols.
- If you have a job that exposes you to other people who are infected, you will notify me or my staff.
- If your other responsibilities or activities put you in close contact with others, you will let us know.
- If a resident of your home tests positive for the infection, you will immediately let us know, and we will resume treatment via telehealth.

If deemed necessary, we may change the above precautions if additional local, state or federal orders or guidelines are published. If that happens, we will talk about any necessary changes.

If You or I Are Sick

You understand that I am committed to keeping you, me, my staff, and all of our families safe from the spread of this virus. If you show up for an appointment and we believe that you have a fever or other symptoms, or believe you have been exposed, we will ask you to leave the office immediately. We can follow up with services by telehealth as appropriate. If either I or my staff test positive, I will notify you so that you can take appropriate precautions.

Your Confidentiality in the Case of Infection

If you have tested positive for the coronavirus, I may be required to notify local health authorities that you have been in the office. If I have to report this, I will only provide the minimum information necessary for their data collection and will not go into any details about the reason(s) for our visits. By signing this form, you are agreeing that I may do so without an additional signed release.

Informed Consent

This agreement supplements the general informed consent agreement included in your original paperwork.

Your signature below shows that you agree to all of these terms and conditions.

Client Name (printed)

Client/Guardian Signature

Date